

Reduce Prostate Swelling

PROSTAFLO

by Pure

- Reduce frequent urination
- Reduce "dribbling" and weak urine flow



ProstaFlo is blend of Swedish flower extracts that has been shown in clinical studies to reduce the symptoms of prostate swelling and inflammation. These symptoms include frequent voiding, urgency, post-void dribbling, getting up at night to urinate, and weaker urine flow.

ProstaFlo has been reliably effective and used safely and without significant side effects for decades. Together with our other prostate nutritional supplement, Running Waters, these two herbal blends provide comprehensive prostate symptom relief.

PRODUCT #	SIZE
176	90 cap

Reduce Prostrate Enlargement

RUNNING WATERS

by My Best Health

- Reduce frequent voiding & urgency
- Use with ProstaFlo



Running Waters is blend of herbs that have been shown in clinical studies to reduce the symptoms of benign prostate enlargement. These symptoms include frequent voiding, urgency, post-void dribbling, getting up at night to urinate, and weaker urine flow.

Running Waters has been reliably effective and used safely and without significant side effects for decades. Together with our other prostate nutritional supplement, ProstaFlo, these two herbal blends provide comprehensive prostate symptom relief.

PRODUCT #	SIZE
181	60 cap

Stop Growth of Prostate Cancer Cells

BLESSED THISTLE

by My Best Health



Blessed thistle is the common name for the herb Silybum marianum, long appreciated through the centuries by medicine men for its tonic health benefits.

Recent studies have shown extracts of Blessed Thistle to stop the growth of testosterone-driven prostate cancer cells. It has also been shown to lower blood cholesterol, blood sugar, and

insulin levels without side effects.

Blessed Thistle can be used by patients currently using medicines that tax the liver or for patients with high cholesterol, blood sugar, elevated insulin levels, and prostate concerns.

PRODUCT #	SIZE
270	60 cap

"Ready, Willing & Able"

R.W.A.

by My Best Health



A partner with a low sex drive is a problem in many relationships, and boosting one's desire often takes more than chocolates and candlelight.

R.W.A. stands for "Ready, Willing and Able" and is a standardized extract of Maca, a relative of the radish that grows in central Peru in the high plateaus of the Andes mountains. Maca has been cultivated as a vegetable crop for at least 3000 years, and has long been prized medicinally for its ability to treat fertility and sexual problems.

The ingredients in R.W.A. have been clinically tested as an effective remedy of low sex drive for both men and women.

PRODUCT #	SIZE
178	60 cap

Supports Prostate Health

LYCOPENE

by My Best Health

- **Support lung**
- **Powerful antioxidant**



Lycopene is the pigment that gives tomatoes their red color. Lycopene also helps support normal lung function, prostate health, and is a powerful antioxidant.

PRODUCT #	SIZE
164	30 gel

Treats Urinary Tract Infections

UROCIL

by My Best Health

- **Dysfunction bladders**
- **Coasts inner lining**



Urocil contains mannose, a non-caloric sugar from pineapple and cranberries, that coats both the inner lining of the bladder and harmful bacteria that get into the bladder. When both the bladder lining and harmful bacteria are coated with mannose, the bacteria cannot stick to the walls of the bladder and cause

infection. Instead, the harmful bacteria float harmlessly in the urine and are voided with urination.

Urocil is an important supplement for women who get urinary tract infections after sexual intercourse, male and female patients with frequent urinary tract infections, or patients with dysfunctional bladders that are at high risk for bladder infections.

Usual Dosage: Take ½ teaspoon three times daily.

PRODUCT #	SIZE
257	50 gm

Enhances Sexual Performance

NITROBANG

by My Best Health

- **Boost blood levels of Nitric Oxide**
- **Maximize erections**
- **Improves muscle tone**
- **Anti-aging benefits**
- **Improves athletic performance**
- **Improves mood, mind and memory**
- **Reduce stroke risk**



NitroBang is a refreshing effervescent powder formula that provides therapeutic levels of two key amino acids (L-Arginine and L-Citrulline) that are clinically proven to boost blood levels of Nitric Oxide. Nobel-Prize winning research has recently demonstrated the importance of Nitric Oxide in maximizing male erections (like a natural Viagra), improving heart and blood vessel circulation, brain oxygen delivery, and

improving athletic performance and muscle tone.

People who regularly use the ingredients in NitroBang also report improved mood, mind, and memory.

Nitric Oxide helps inflamed and damaged intestinal tissue to heal in diseases such as gastritis, colitis, inflammatory bowel disease, stomach ulcers, and NSAID (such as ibuprofen, naproxen, aspirin) stomach damage and irritation. Nitric Oxide also helps lung function in patients with breathing problems such as asthma, emphysema, and pulmonary hypertension.

To boost anti-aging benefits, take a dose of NitroBang before bed to replenish Nitric Oxide blood levels which fall to their lowest levels at night. Nitric Oxide lowers blood pressure and helps maintain healthy blood vessels to prevent plaque build-up in arteries, reduce stroke risk, and reduce the vascular complications of diabetes.

More than 20,000 research articles have proven the "how and why" of Nitric Oxide's critical importance to human health.

Usual Dosage: For enhancement of male sexual performance, athletic performance, cardiovascular blood flow, lung function, and brain function, use 3 capsules on an empty stomach 20 to 30 minutes before engaging in your activity of choice such as sexual activity, athletic competition, physical exertion, or brain exercises (puzzles, reading, presentations, performances, studying, testing).

PRODUCT #	SIZE
265	180 cap

Special Herbal Blend for Patients 40+

FORMULA 40

by My Best Health

- Balances hormonal changes in men and women
- Retards effects of aging
- Keeps body balanced
- Smooths hormonal changes



Something changes in the body when you turn 40. Fat appears where it hadn't been before. You seem to get up a little slower and go down a little faster. You may ache where you didn't know you could and find more gray hairs than you can keep track of.

Herbs can assist the body in remaining strong and balanced by supporting key hormones and functions. Formula 40 provides these

important herbs that allow the body to resist the sign and symptoms of aging.

Along with a proper diet, sensible exercise regimen, and balanced lifestyle, Formula 40 helps to keep your body on track for the next forty years. Formula 40 is designed to help both men and women live a dynamic second half and should be part of everyone's core nutritional supplement regimen.

PRODUCT #	SIZE
314	150 cap

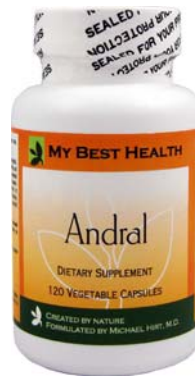


Supports Strength and Endurance

ANDRAL

by My Best Health

- Boosts blood testosterone levels
- Natural herbal formula
- Drug-free
- Improves sense of well-being
- Supports healthy sex drive
- Optimizes sexual performance
- Restores overall vitality



After age 30, hormone levels start to decline. Both men and women can experience symptoms of low testosterone which include lower libido, reduced sexual performance and orgasmic response, decreased enjoyment in life, feeling sad and grumpy, reduced athletic and aerobic abilities, decreased performance at work, loss of height, and after-dinner fatigue. Boosting testosterone

levels can help to reverse these symptoms and improve quality of life.

HOW IT HELPS:

Andral is an all-natural supplement that helps to boost the levels of active testosterone (also known as "free" testosterone) in the blood. Within two weeks of taking Andral every day, active testosterone blood levels increase. Andral does not contain any testosterone but rather helps your body release testosterone that is stuck to blood proteins.

Think of it this way. When your money is tied up in a bank CD, you can't touch it. It's your money. You know exactly where it is, but you cannot spend it until the CD matures.

When your blood testosterone is tied up with blood proteins, your body cannot use it. Andral releases this bound-up testosterone so that your body can use it. Up to 98% of all your testosterone is tied up with blood proteins. When you take Andral, it is like the bank giving you access to 98% of the money in your CD even though it's not time yet.

Clinical studies have confirmed that Andral boosts active blood testosterone levels and helps people feel better. The ingredients of Andral also support proper brain chemistry to help you maintain a healthy mood.

PRODUCT #	SIZE
320	120

Important for Cellular Energy EARTH MINERALS

by My Best Health

- Natural source of plant iodine and minerals
- Corrects iodine deficiency
- Provides many important minerals for optimal health
- Boosts thyroid function and metabolism
- Natural treatment for fatigue
- Important for breast, ovarian, and prostate health
- Supports strong immune function



Earth Minerals is a blend of organically grown plant extracts that are rich in iodine and other essential minerals. These herbs are liquefied to provide superior absorption of iodine and work well as a natural treatment for iodine deficiency and routine supplementation.

Most Americans eat a diet that is deficient in iodine. Iodine rich foods include sea vegetables (ie...seaweed) and seafood. A lack of dietary iodine increases your risk for thyroid problems (including goiter, nodules, and thyroid cancer), cancer (breast, ovarian, prostate, and uterine),

fertility problems, and menstrual irregularities. Every cell in the body needs iodine.

As its name suggests, Earth Minerals is also an abundant source of plant derived minerals that are critical for the health and strength of the body's organs, skin, hair and nails.

The ingredients of Earth Minerals are extracted in a natural alcohol base. The alcohol may be burned off by placing a dose of Earth Minerals in four to six ounces of hot water and waiting two to three minutes for the alcohol to evaporate.

Earth Minerals is best used with ATP CoFactors to treat fatigue and maximize iodine absorption.

PRODUCT #	SIZE
318	16 oz

Energizes Cellular Metabolism ATP COFACTORS

by Biomicotek

- High potency B-2, B-3 supplement
- Essential nutrients for maximal energy
- Energy boost
- Helps the body convert food into energy



A core requirement for enjoying vibrant energy is to have an active metabolism, and one of the main vitamins that regulates metabolism is iodine. Iodine is necessary for the health of every cell in the body and is especially important for thyroid hormone which cannot be made without sufficient iodine.

Getting this iodine into every cell in the body is the job of ATP CoFactors, a precision blend of vitamins B-2 and B-3. Once inside, iodine can activate cellular metabolism which *en masse* you experience as "get up and go" energy.

ATP is a natural cell molecule which works like gasoline for your car. Your body's cells burn ATP to create warmth and energy. Cells need energy to do their work. For example, a thyroid cell needs energy to make thyroid hormone, a brain cell needs energy to calculate the tip on a restaurant check, and muscle cell needs energy to move you.

In addition to helping iodine get into each body cell, ATP CoFactors also directly helps each cell make ATP, the "gas" that fuels our cells and our bodies. Once your car burns up the last drops of gas, the car stops. Similarly, once your cells burn up their last ATP, they die.

Keeping your cellular ATP storage tank full is critical to having an energy-rich life, and ATP CoFactors provides the key ingredients for this important process.

PRODUCT #	SIZE
249	90 tab