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**Core Supplement** ..... 2

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# CORE SUPPLEMENT



## SENX

Neutralizing 'Zombies' and Respiratory Viruses

WHAT IT IS:

A proprietary blend of vitamins and herbs, including an 'uber' absorbable, maximal strength, anti-zombie cell, anti-viral form of Quercetin

WHY YOU NEED IT:

Important for patients with respiratory, common-cold viruses and COVID

Great for patients with seasonal and chronic allergies

Good for patients with nasal congestion, lung congestion, itchy eyes, sneezing

Important for patients looking to improve athletic performance and recovery

Targets patients wanting anti-aging support to counteract pro-inflammatory, senescent, 'zombie' cells which increase the risk of disease and degeneration

Good for patients struggling with chronic fatigue and poor sleep quality

Great for patients with allergic eye symptoms and eye infections of the conjunctiva and cornea

HOW IT HELPS: Senex is a best-in-class, proprietary blend of vitamins and herbs that...

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## ZINCONIUM

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## BORON 10MG

Boron  
The Mighty Mineral

### WHAT IT IS:

- High potency mineral supplement for wellness and anti-aging

### WHY YOU NEED IT:

- Important for patients wanting to maximize bone health
- Targets patients with low sex hormones
- Supports patients with high inflammation levels (i.e. C-reactive protein, TNF-alpha)
- Great for patients needing to boost anti-oxidant enzymes (i.e. SOD, catalase, glutathione)
- Good for patients wanting improved cognitive performance
- Important for patients concerned with preventing/recovering from cancers of the breast, prostate, cervix, lung, and lymphoma
- Targets patients with arthritis pain
- Supports patients wanting to counter the bone-marrow side effects of chemotherapy, like paclitaxel
- Great for patients with skin disorders: Acne, Eczema, Lichen sclerosis
- Important for patients with toxicity due to pesticides and heavy metals

### HOW IT HELPS:

Boron is a trace mineral that is found in very small amounts in fruits...

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## **MK 7 2.0**

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## VITAMIN PM

AM/PM MULTI-VITAMIN System  
Rounding Out Your Essential Vitamin Needs

### WHAT IT IS:

- A potent, natural blend of essential vitamins for support of good health and wellness

### WHY YOU NEED IT:

- Delivers high potency nutrients when the body needs them most  
- Formulated to avoid vitamin-vitamin interactions

### HOW IT HELPS:

To combat daily health concerns, your supplement shelf should also include a balanced multi-vitamin. AM-PM will help round out all of your essential vitamin needs for maximal health support while specifically avoiding the vitamin-vitamin interactions that limit the effectiveness of most commercial vitamin formulas.

Our AM/PM multi-vitamin system provides high potency nutrients when the body craves them most and has been a reliable health partner for over 20 years.

Usage: Take AM formula in the morning and PM formula in the evening as...

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## VITAMIN AM

AM/PM MULTI-VITAMIN System  
Rounding Out Your Essential Vitamin Needs

### WHAT IT IS:

- A potent, natural blend of essential vitamins for support of good health and wellness

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Our AM/PM multi-vitamin system provides high potency nutrients when the body craves them most and has been a reliable health partner for over 20 years.

Usage: Take AM formula in the morning and PM formula in the evening as...

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## **PAYDIRT!**

Healing as Old as the Hills

### **WHAT IT IS:**

- A spore probiotic isolated from soil-based organisms

### **WHY YOU NEED IT:**

- Important for patients trying to limit the damage of antibiotic therapy
- Targets patients with auto-immune diseases such as Lupus, Rheumatoid Arthritis, Inflammatory Bowel Disease, Multiple Sclerosis
- Great for patients with chronic infections (ie...Lyme and co-infections), biotoxin illness, chronic allergies, sinus disease and asthma
- Supports patients with Leaky Gut, Food Intolerances, and SIBO
- Promoted for patients with neurological symptoms including brain fog, vision disturbances, nerve pain/numbness/tingling

### **HOW IT HELPS:**

Scientists have identified more than 2,500 different types of organisms living in our gut. Collectively these 'good' bugs contribute to our overall health. From our daily food that we inadvertently share with them, these bacteria can manufacture health-sustaining vitamins and proteins. The healthy bacteria in...

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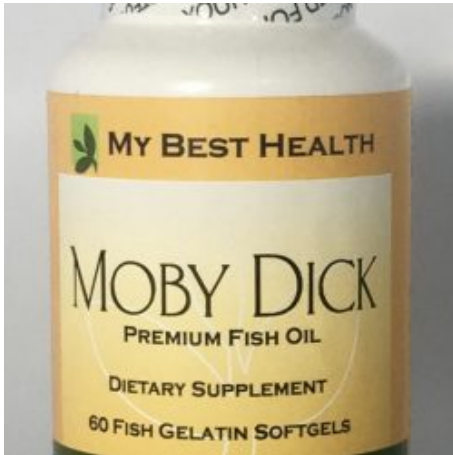


## NASCENT IODINE

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## MOBY DICK

Moby Dick  
A Fish (Oil) Tale

WHAT IT IS:

- The World's first Ultra-Premium fish oil supplement

WHY YOU NEED IT:

- Supports Cardiovascular Health and Healthy Mental Functioning
- Good for patients with high blood pressure
- Important for healthy blood sugar and insulin metabolism
- Targets patients with chronic inflammation
- Good for patients with low mood and ADD
- 3X better absorbed than leading fish oil brands
- 3X higher blood levels than leading fish oil brands
- First, only absorption-ready fish oil, requiring no digestion
- No 'fish burps'
- 1 part-per-billion purification (1,000X more pure than leading brands)
- Non-GMO, Gluten-Free, Soy-Free, Dairy-Free, Shellfish-Free

HOW IT HELPS:

Fish oil remains an important, core supplement because of its importance to human health. Thousands of research studies confirm the benefits of fish oil...

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## MICROMINERALS

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## LIPOSOMAL VITAMIN C

Ormed Chronic Infections Protocol

An Activated, Liposomal Botanical and Nutritional Protocol for Tick-Borne and Chronic Infections

Week One:

Liposomal Vitamin C. Begin at a dose of 2-3 drops, three times a day. The maximum recommended dose is 30 drops, three times per day. After one week of the lower dose, it can be gradually increased.

Week Two:

Continue with Vitamin C, and add the specially processed Grapefruit Seed Extract. Begin GSE at a dose of 10 drops three times per day. NOTE: Sensitive patients should start SLOW at 1 drop, three times per day. If no die-off reactions occur, dosage can be gradually increased to 25-30 drops, three times per day.

Week Three:

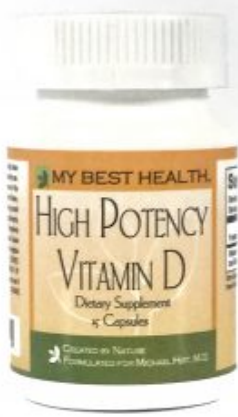
Continue with the Vitamin C and Grapefruit Seed Extract. Add the specially processed Ormed Essential Oils Blend at 1 or 2 drops, three times per day. The maximum recommended dose is 5 drops, three times per day.

The...

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## HIGH POTENCY VITAMIN D

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## FIZZY-C

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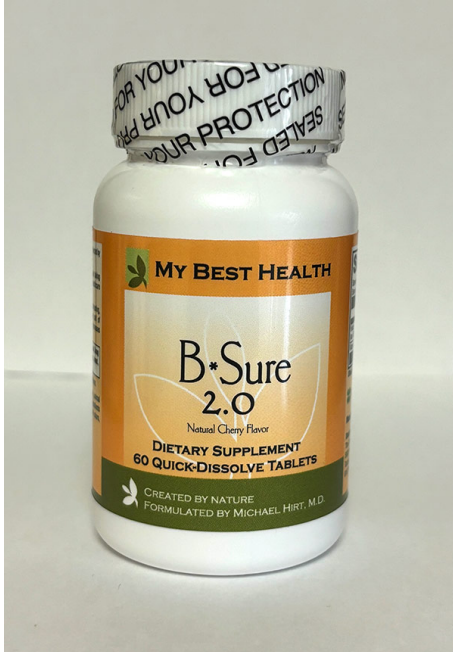


## FISH OIL, LIQUID

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## B\*SURE 2.0

B\*Sure

Advanced B12 Delivery - Guaranteed

WHAT IT IS:

- Triple formulated B12 support in Quick Dissolve Tablets

WHY YOU NEED IT:

- Great for patients with Canker Sores, mouth ulcers
- Important for patients with nerve problems and diseases: Neuropathy, Multiple Sclerosis, Tinnitus (ear ringing), Cognitive Dysfunction, Dementia
- Supports patients with mouth and stomach inflammation: Burning Mouth Syndrome, Gastroenteritis, Gastritis due to infections and NSAIDS (Advil, Aspirin, Alleve, Celebrex, Meloxicam)
- Good for patients with low White Blood Cell counts, weak immune systems
- Targets patients with high homocysteine levels, depression, anxiety, loss of taste, generalized fatigue, insomnia, impotence, eczema, infertility, anemia, and low platelet counts

HOW IT HELPS:

B\*Sure Quick Dissolve Tablets contain highly effective doses of three specialized forms of vitamin B12 and a supportive dose of active folate. This formulation ensures that you will get...

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## NATURALLY D DOUBLE STRENGTH

Naturally "D"  
Double Strength

WHAT IT IS:

- Most active form of vitamin D
- Easily absorbed, 2,000 IU Per Drop

WHY YOU NEED IT:

- Supports patients with bone loss
- Immune booster
- Important for muscle strength in older patients
- Targets patients with auto-immune diseases
- Good for healthy blood pressure
- Assists patients with fibromyalgia
- Important for calcium balance
- Great for patients looking to reduce risk of certain cancers: colon, breast, prostate

HOW IT HELPS:

Vitamin D is an essential nutrient that is made in the body when the skin is exposed to sunlight. The sunlight needs to be at its most intense (between 11AM and 3PM) and hit the skin directly without clothing or sunscreen blocking sunlight. Vitamin D is found only in a few foods such as mackerel, tuna, herring and sardines.

Most of us are inside buildings or cars during peak...

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## PERFECT 10

Perfect 10  
Nature's Blend of Omega 7 + 3

### WHAT IT IS:

- The most complete omega formula for heart health

### WHY YOU NEED IT:

- Targets patients with high cholesterol, LDL ('bad'), and triglycerides
- Important for patients with elevated levels of inflammation (C-Reactive Protein)
- Good for patients with low levels of omega-3 (fish oil)
- Provides nearly 7 times the amount of healthy omega fats than krill oil
- Supports patients with Insulin Resistance (pre-Diabetes) and fatty liver
- Addresses patients with small, sticky cholesterol particles

### HOW IT HELPS:

There are more than 20,000 scientific papers supporting the health benefits of omega-3 fats. Recent evidence has also shown the importance of omega-7 fats in human health.

Omega-7 fats are a good source of palmitoleic (Palm-ih-tow-Lay-ik) acid, a type of fat most commonly found in foods such as macadamia...

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## SELENIUM CHELATE

Product description coming soon.

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## DR. HIRT'S FRIENDLIES

Dr. Hirt's  
Friendlies

What's it like to have one trillion friends?

### WHAT IT IS:

The most powerful, cost-effective probiotic ever created

### WHY YOU NEED IT:

Replenishes healthy gut bacteria

Important for patients on antibiotic therapy

Good for patients with Irritable Bowel Syndrome and colitis

Targets patients with gas, bloating, cramps, and constipation

Addresses issues with food allergies and parasites

### HOW IT HELPS:

The human colon is supposed to be loaded with more than six pounds of healthy bacteria at all times. These friendly soldiers work with your intestinal system to keep out the bad bugs and parasites that are known to create all kinds of tummy trouble.

However, through prescription antibiotics and the antibiotics that are put into our food supply, the healthy intestinal bacteria are also under attack. Over time, the numbers of these...

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## GO-GO VITE

### GO-GO Vite

Finally, a vitamin that can really move you

#### WHAT IT IS:

- A vitamin-herbal supplement supporting patients looking for energy and anti-aging

#### WHY YOU NEED IT:

- Important for patients needing more energy and vitality
- Great for patients wanting to stabilize genetic DNA for anti-aging and anti-cancer health
- Targets patients who want comprehensive, daily support for heart, brain, nerve, eye, blood sugar, liver and immune health
- Smart anti-oxidant and cell protection
- Unique formula has been clinically tested
- Per (2) tablets has five times the ORAC protection of wild blueberries

#### HOW IT HELPS:

Go-Go Vite is the perfect 'smart' multi-vitamin, multi-herbal system for all of us living in a toxic world. We are constantly bombarded with chemicals, threatened with dangerous microbes, and teased with overly processed foods. These exposures threaten our...

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## Yooth

Yooth See what PQQ can do for you  
**WHAT IT IS:**• A powerful, natural anti-oxidant that supports enhanced brain health, restful sleep, and a calm mood  
**WHY YOU NEED IT:**• Contains PQQ, the brain's most favorite anti-oxidant• Important for patients looking to boost memory, attentiveness, thinking• Supports patients with stress• Good for patients needing more restful sleep• Well tolerated at any age  
**HOW IT HELPS:**Yooth contains an effective dose of PQQ, a powerful anti-oxidant found naturally in foods that was discovered in the late 1970s. Clinical studies have shown that PQQ can support healthy higher-level brain functions including memory, attention, and thinking in adults of any age. There are few poisons stronger than stress that humans are exposed to on a daily basis. Stress will also age you faster than anything else I know. Backed by PQQ, Yooth will support a calm, relaxed state that is...

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## VITAMIN A+

Product description coming soon.

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## CURCUMAX 2.0

CurcuMax 2.0  
New and Improved

### WHAT IT IS:

- Potent, highly absorbable turmeric extract

### WHY YOU NEED IT:

- Great for patients looking for powerful anti-inflammatory and immune-boosting support
- Important for patients with joint pain, muscle aches, injuries
- Good for patients with concerns about Alzheimer's prevention
- Targets patients with GERD, heartburn, and Irritable Bowel Syndrome, Crohn's disease, Ulcerative Colitis symptoms
- Supports patients with cancer diagnoses
- Has natural anti-viral and anti-bacterial properties

### HOW IT HELPS:

Curcumin comes from the spice, turmeric, and has long been prized by East Asian countries for its strong medicinal value. Many studies have been conducted with curcumin, and scientists have learned much about how curcumin works to support human health.

One of the primary effects of curcumin is its powerful...

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## SUPERCILLUS

**SUPERCILLUS**WHAT IT IS:• The most potent probiotic capsule ever producedWHY YOU NEED IT:• Supports healthy digestion and intestinal integrity• Important for patients during and after antibiotic therapy• Natural boost for strong, healthy immune function• Targets patients with Colitis, Inflammatory Bowel Disease, and Candida• Guaranteed to survive and thrive in your intestinal tractHOW IT HELPS:Supercillus is without question the most potent probiotic capsule available on the market today. With at least 100 billion healthy bacteria per capsule, no other probiotic comes close to the power and potency of Supercillus.The four different bacteria in Supercillus have been studied for their value and importance in human health. These strains have been extensively studied by clinical researchers for their healthful action. Studies have demonstrated that these probiotics can boost your immune...

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## NUTRAGO 2.0

Nutra-Go  
Vitamins that move You

### WHAT IT IS:

- Intensive vitamin/mineral therapy
- Scientifically certified formula

### WHY YOU NEED IT:

- Important for patients wanting to increase energy
- Formulated for patients needing to boost immune system
- Provides essential nutrients for optimal health

### HOW IT HELPS:

University researchers developed and tested the Nutra-Go formula in some of the most challenging clinical environments, including HIV hospital wards. These researchers were looking for a natural treatment to boost immune function and energy in HIV patients. Their research findings confirmed these types of formulas were clinically important.

Further trials and patient usage has also documented the importance of Nutra-Go in less critically ill patients with burn-out and fatigue issues.

To restore sub-optimal health, use eight (8) Nutra-Go capsules twice daily. To...

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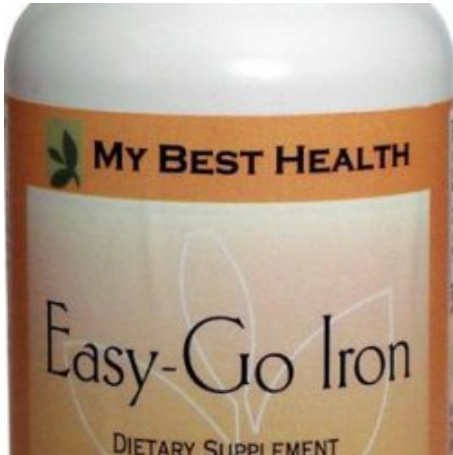
## SPRING CHICKEN

Spring Chicken  
**WHAT IT IS:** • World's most powerful antioxidant  
**WHY YOU NEED IT:** • Supports anti-aging • Important for patients wanting improved heart and artery health • Targets patients with cancer concerns • Good for patients who are tired • Great for patients looking to boost the function of mitochondrial (the cellular energy generator)  
**HOW IT HELPS:** Resveratrol is a natural compound of the stilbene family that is found mainly in grapes, berries, plums, peanuts, and pine bark. Resveratrol is a potent supplement for human health because its effects can support a cancer-free lifestyle, reduce the harmful effects of inflammation, targets patients who want anti-aging. In laboratory studies, resveratrol interferes with cancer formation at three critical steps (initiation, promotion, and progression). It has also been shown to target certain types of cancer cells, such as breast cancer. For...

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## EASY-GO IRON

EASY-GO IRON  
For Healthy Iron Levels

- ☐ Better absorption
- ☐ Important for patients wanting iron supplements that are less constipating
- ☐ Targets patients looking for a rapid blood iron boost
- ☐ Good for patients with low iron who want stronger hair and nails

Iron is a critical mineral that helps the blood carry life-sustaining oxygen to every cell in the body.

Iron is also necessary to help maintain good energy levels, hair density, hair growth, and strong nails.

The problem with most iron supplements is that they are very irritating to the stomach or cause unhealthy constipation.

Easy-Go Iron is made from 100% chelated iron that targets patients who want a more absorbable and less constipating than most other iron supplements.

The chelated iron used in Easy-Go Iron has been clinically studied in patients needing a rapid boost blood iron levels. In my...

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## GREEN TEA EXTRACT

### GREEN TEA EXTRACT A Time Tested Remedy

Green tea contains potent anti-viral, anti-bacterial and anti-fungal ingredients that are important for patients with cold symptoms.

Great tea extracts also target patients wanting to significantly shorten the length of a viral or flu-like illness.

Additionally, this ancient herbal extract is good for patients needing a cold prevention strategy.

Our enhanced green tea extract is maximally concentrated and is decaffeinated for better tolerability.



#### [Product Handout](#)

Download the product handout here.

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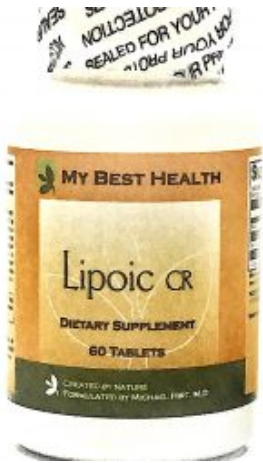
## CARDIOVITE

**CARDIOVITE**WHAT IT IS:• A proprietary blend of vitamins and antioxidants for support of cardiovascular health and detoxification.**WHY YOU NEED IT:**• Important for patients with elevated homocysteine levels• Targets patients with low levels of B vitamins• Great for vegans and vegetarians• Good for patients on prescription medications that block B vitamin activity and absorption• Supports patients with MTHFR genetic defects**HOW IT HELPS:**CardioVite by My Best Health is a uniquely formulated B-vitamin supplement for patients needing extra B-vitamins or those taking additional B-12 supplementation such as B-12 shots or B\*Sure lozenges.While oxygen breathes life into virtually every living thing on the planet, oxygen also slowly damages our vital organs in a process known as oxidation. Oxidation is also what causes metal to rust and newspapers to turn yellow over time.To counter the harmful...

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## LIPOIC CR

### LIPOIC CR

- ☐ Important for patients needing protection from hardening of the arteries
- ☐ Provide blood levels lasting 3x longer than other brands
- ☐ Great for patients looking for all-day support
- ☐ Supports patients with neuropathy
- ☐ Good for patients wanting to maintain healthy blood sugar levels

Having been identified more than 50 years ago, alpha lipoic acid has long been appreciated for its potent anti-oxidant effects and supports patients wanting to protect the vulnerable tissues of the brain, nerves, heart, and arteries.

The aging process begins with the oxidation of vital tissues such as those of the nerves, brain, and circulatory systems.

Alpha lipoic acid supplements target patients with elevated blood sugar levels and support patients wanting to maintain a healthy blood sugar profile.

Alpha lipoic acid also supports patients with other causes of...

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## BONE

### BONE

Takes Bone to Make Bone

#### WHAT IT IS:

- Superior calcium supplement
- Contains every ingredient to support healthy bones

#### WHY YOU NEED IT:

- Important for patients who want to rebuild weak bones
- Supports patients looking to maintain healthy bones
- Provides important calcium to your body

Calcium is one of the body's most important minerals and is best known for keeping the bones and teeth in good health. The average American diet contains less than half the amount of calcium needed for healthy bodies.

Everyone needs calcium every day, and what the body does not get from the diet, it will steal from your bones. This can cause thinning of the bones, also known as osteoporosis. Taking the right kind of calcium supplement in the right amounts can keep your bones healthy or rebuild bone that has been lost.

#### HOW IT HEALS:

It is hard for the body to absorb calcium...

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