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**Women's Health** ..... 2

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# WOMEN'S HEALTH



## SENX

Neutralizing 'Zombies' and Respiratory Viruses

WHAT IT IS:

A proprietary blend of vitamins and herbs, including an 'uber' absorbable, maximal strength, anti-zombie cell, anti-viral form of Quercetin

WHY YOU NEED IT:

Important for patients with respiratory, common-cold viruses and COVID

Great for patients with seasonal and chronic allergies

Good for patients with nasal congestion, lung congestion, itchy eyes, sneezing

Important for patients looking to improve athletic performance and recovery

Targets patients wanting anti-aging support to counteract pro-inflammatory, senescent, 'zombie' cells which increase the risk of disease and degeneration

Good for patients struggling with chronic fatigue and poor sleep quality

Great for patients with allergic eye symptoms and eye infections of the conjunctiva and cornea

HOW IT HELPS: Senex is a best-in-class, proprietary blend of vitamins and herbs that...

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## OIL OF OREGANO 1OZ

**Oil of Oregano 1oz**

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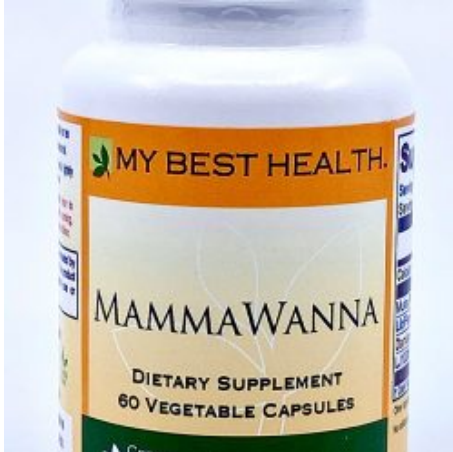
## MAGNIFICENT

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**Price:**

**MAGnificent 2.0**

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## MAMMAWANNA

### WHAT IT IS:

Herbal support for healthy female libido and hormonal balance

### WHY YOU NEED IT:

Important for women with low libido and sexual responsiveness

Targets women with low testosterone levels

Great for women who need male hormonal support

All natural, herbal formula

No hormones

### HOW IT HELPS:

Loss of sexual desire is very common among women of all ages, and some 25% of women report experiencing this drop at some point in their lives.

MammaWanna is an all-natural formula that has been thoughtfully formulated to support women's physical and sexual health. While deeply rooted in herbal traditions, MammaWanna also features plant extracts that have published clinical research to support their safety and efficacy. MammaWanna contains the SouthEast Asian shrubby tree, *Eurycoma longifolia*, which can take up to 25 years to mature before being used as a medicinal. Herbalists have long...

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## GOLDILOCKS

Goldilocks  
Enhancing 'Beauty' Proteins

### WHAT IT IS:

- Stabilized and clinically tested 'beauty' proteins for hair, skin, nails, and bones

### WHY YOU NEED IT:

- Important for patients wanting to reduce fine lines and wrinkles
- Supports patients looking for thicker, stronger hair
- Great for patients seeking stronger, healthier nails
- Good for patients needing better bone mineral density
- Targets patients looking to promote healthy connective tissue and joints

### HOW IT HELPS:

While the three bears could not agree on the preferred temperature of porridge, everyone can agree that skin, hair, and nails look best in youth. A key ingredient for youthful beauty is silicon. Silicon isn't just for computer chips, but is also an important element found in nearly all human tissue, especially hair, skin, nails, tendons/ligaments, and bone. Humans get most of their daily...

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## OZONE TOOTHPASTE

OzoLabs

Europe's gift for topical ozone therapies

WHAT IT IS:

- Organic personal care products made with superb European organic oils, specifically selected for their therapeutic properties

WHY YOU NEED IT:

- Targets patients with skin conditions including acne, eczema, psoriasis, fungal/yeast infections, wounds/burns, bacterial infections, viral infections (including Herpes, Shingles)
- Important for anti-aging skin care
- Supports healthy, youthful skin
- Gentle enough for all skin types
- Unmatched European quality

HOW IT HELPS:

Ozone is a naturally occurring gas found in both the environment and inside your body. Neither the planet nor you could exist very long without ozone. Ozone is both protective and nourishing for both Mother Earth and all those who inhabit her.

Ozone is an integral part of my daily medical practice, and if I were forced to choose to...

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## PREVATEN

Prevaten  
Feed your bones

### WHAT IT IS:

- A medical food for the dietary management of healthy bones and hot flashes

### WHY YOU NEED IT:

- Important for patients with bone loss (Osteopenia, Osteoporosis)
- Targets patients with hot flashes
- Good for patients at higher risk for heart disease and strokes
- All natural, non-soy based
- No hormonal effects on breast, uterine or vaginal tissues

### HOW IT HELPS:

Building bones is a lot like building a house on a vacant lot. You need both construction materials and construction workers.

If you dump the two-by-fours and dry wall (ie...calcium supplements and vitamin D) in the middle of the lot without construction workers (ie...bone building cells), nothing happens. If you send a construction workers (bone building cells) to an empty lot without any materials (vitamins and minerals), nothing happens.

To build a house on an...

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## BFF

BFF

Your New Best Friend

WHAT IT IS:

- Natural herbal support for all female hormonal issues

WHY YOU NEED IT:

- Important for all hormonal phases of a woman's lifetime
- Targets women who are menstruating or in menopause
- Good for women with PMS, menstrual cramping and irritability
- Great for menopausal symptoms: hot flashes, sleep problems, vaginal dryness
- Supports healthy female hormone balance and estrogen metabolism
- All natural, hormone-free

HOW IT WORKS:

'B F F' is your new 'Best Friend Forever', supplying all women with a blend of vitamins and herbs that support natural hormone balance. No matter on which end of the female reproductive cycle you find yourself, 'B F F' provides the nutrients that have been used traditionally and clinically in female health and detoxification.

In addition to the classic herbal support from chase tree berry and black cohosh, 'B F F' also uses extracts from the female seed cone of hops...

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## **URODYNE**

PRODUCT PHOTO & DESCRIPTION COMING SOON

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## SEXION

SexiOn Boosting Male Energy... In Men and Women

**WHAT IT IS:**

- Herbal, hormone-free supplement for all patients with low testosterone levels

**WHY YOU NEED IT:**

- Targets both men and women with low testosterone levels
- Supports patients with low libido and sexual energy/performance
- Important for patients with increased belly fat and body flab
- Good for patients at risk for Diabetes, Heart Disease, and Stroke
- Beneficial for patients needing to maintain healthy cholesterol levels
- All-natural, no hormones

**HOW IT HELPS:** Healthy testosterone levels are necessary for both men and women. While testosterone is best known for its importance in sex drive and performance, this quintessential male hormone also helps maintain normal cholesterol numbers, normal blood sugar and insulin levels, and reduces the risks of stroke, heart attacks and blood clots. And you thought testosterone only turned good...

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## BESTOSTERONE

Bestosterone

A dose of 'male energy' in every capsule

WHAT IT IS:

- An herbal blend that supports patients wanting enhanced sexual vitality and mental health

WHY YOU NEED IT:

- Great for patients needing stronger testosterone effects
- Good for patients wanting to boost sexual health
- Targets patients with belly fat, muscle loss, and cognitive decline
- Important for patients suffering with stress, anger, and tension
- Approved for use in men and women
- Contains no hormones

HOW IT HELPS:

Bestosterone is an all-natural supplement that contains a purified extract of Tongkat ali, a long trusted Asian herb used traditionally by both men and women to boost sexual vitality, mental clarity, and relaxation.

A major reason our bodies age is because our hormone levels start to drop. With fewer hormone molecules in our system, our physical structure starts to thin,...

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## **FEMALE + VIATREXX**

Product description coming soon.

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## SCALP SPROUT

### WHAT IT IS:

Super concentrated apple skin extract that supports hair growth

### WHY YOU NEED IT:

Important for men and women trying to regrow their hair  
Good for patients who want to preserve the hair they have  
All natural, no-drug formula  
Twice as effective as minoxidil in vitro  
Ingredients proven in clinical trials, then concentrated an additional 400%  
Use with Apple Diem for maximal results

### HOW IT HELPS:

Finding the cure for male and female baldness remains one of the holy grails of modern science. Researchers tested more than 1000 plant extracts searching for a breakthrough in natural hair growth. Finally, scientists stumbled upon the extracts of unripe green apple skins.

The magic ingredients in unripe apple skin extracts have been found to be polyphenols, specifically Procyanidin B-2, B-3, and C-1. These are the ingredients found in Scalp Sprout which are then...

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## MYOMIN

### MYOMIN

#### WHAT IT IS:

- Herbal blend that supports normal, healthy estrogen metabolism in men and women

#### WHY YOU NEED IT:

- Important for patients with:

- o Uterine Fibroids
- o Breast cysts
- o Ovarian cysts
- o Prostate problems
- o Estrogen metabolism issues
- o Stubborn belly fat

- Targets patients with Estrogen Dominance symptoms

- o Breast tenderness
- o Cold hands, feet
- o Mood swings
- o Low sex drive
- o Insomnia
- o Slow metabolism
- o PMS
- o Hair loss
- o Prostate problems and cancer
- o Male breast development

#### HOW IT HELPS:

Myomin is a clinically tested natural supplement which has been used for its effectiveness in estrogen metabolism.

Both men and women make estrogen and need estrogen for optimal health. Problems occur when either men or women make too much estrogen relative to other sex hormones, such as progesterone (in women) and testosterone (in men). In both sexes,...

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## ACTIVE 6

### ACTIVE 6

#### WHAT IT IS:

- Specially activated form of the B-vitamin, pyridoxine

#### WHY YOU NEED IT:

- Important for patients wanting heart healthy vitamins
- Supports patients looking for headache relief
- Targets patients wanting relief from carpal tunnel syndrome
- Good for patients wanting natural asthma support
- Great for patients wanting to prevent kidney stones

#### HOW IT HELPS:

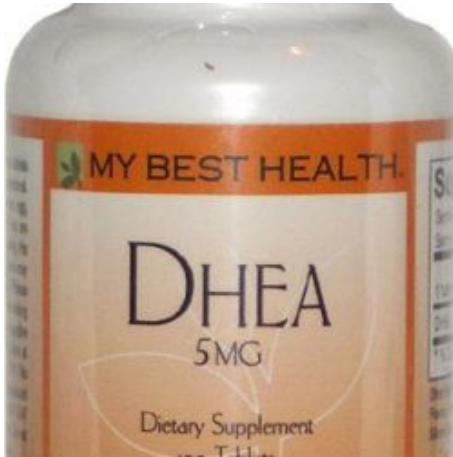
Active 6 is the “go-ready” and more effective form of pyridoxine, also known as vitamin B-6. Active 6 is an essential vitamin that is needed for the health of every cell in your body.

In medicinal doses, Active 6 has been shown to help support patients experiencing a large number of symptoms including headaches, heart disease, asthma, diabetic neuropathy, kidney stones, PMS, carpal tunnel syndrome, and certain pregnancy related problems (including morning sickness, preeclampsia birth defects, and frequent miscarriages).

Active 6 works best when taken with SmartyPants, our...

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## DHEA 5MG

### DHEA

A Natural Adrenal Hormone

- Important for patients looking for more male energy and performance
- Targets patients wanting more libido, sexual drive
- Supports patients looking to reduce cellulite
- Great for patients who need to reduce belly flab

Like so many hormones, DHEA is as important to how we look as it is to how we feel.

Without sufficient DHEA, men and women are more likely to have dry skin, poor body hair (under arms, on legs, on arms), more cellulite, more joint aches, and flabby belly fat.

On our psyche, low levels of DHEA are likely to mean more anxiety, depression and fatigue as well as limited abilities to cope with stress, and low libido (sexual appetite).

In women, DHEA is more important than testosterone in maintaining a woman's sexual interest and responsiveness.

Usual Dosage: For males: 25mg, upon rising. For females: 5mg, upon...

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## HSN PRO

### Building Blocks for Hair, Skin & Nails

Hair loss, brittle nails, and skin problems seem to be affecting an increasing number of patients. The core causes of these issues seem to be caused by nutritional deficiencies, environmental toxins, as well as hormonal and genetic triggers.

HSN (Hair, Skin, Nails) Pro is designed to help patients who may present with a wide variety of conditions but share similar causes. HSN Pro has been formulated to include the correct doses of the key vitamins and minerals to support healthy tissues. Also included are herbs and phytonutrients that help support the body to heal weak and damaged proteins, the building blocks of your hair, skin, and nails.

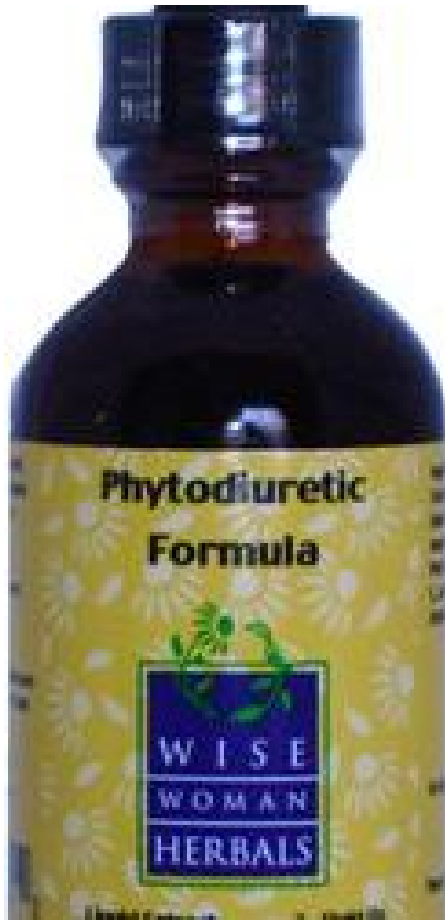
HSN Pro forms part of the core treatment strategy for Female Pattern Baldness, brittle nails, and skin disorders.

For best results, take HSN Pro with Biotin by...

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## PHYTODIURETIC

### Treats Water Retention

- Natural —water pills
- Prevents bloating
- Time-tested herbs

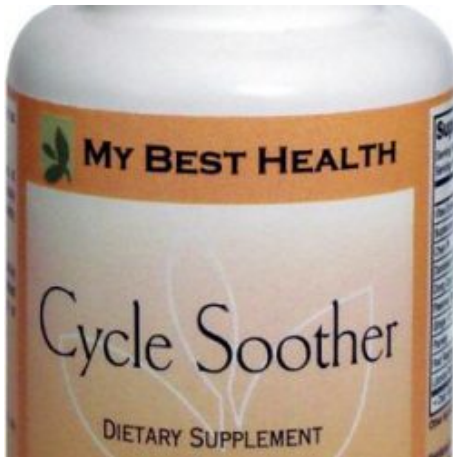
Water retention is a common complaint of women during the end of their menstrual cycle or after eating salty, sweet, or carb-packed meals and snacks.

Phytodiuretic contains a blend of time-tested herbs that act like natural —water pills|| to help the body eliminate excess water. This herbal remedy can be used to treat symptoms once they have occurred or as prevention when bloating and water retention are likely.

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## CYCLE SOOTHER

### CYCLE SOOTHER

For a Woman's Monthly Cycle

☐ Important for patients with PMS / Mood Swings / Irritability

☐ Supports women with fatigue during menses

☐ Great for patients with menstrual Cramping / Breast tenderness

☐ Good for patients with menstrual Bloating / Fluid retention

☐ Targets women with menstrual Food cravings / Weight gain

Cycle Soother is a blend of ten naturally-occurring herbs from Native American and Chinese Herbal traditions to help support women during their monthly cycle.

Cycle Soother is designed for clinical support in women with PMS, fatigue, irritability, mood swings, cramping, breast tenderness, fluid retention, bloating, weight gain, and food cravings.

Usual Dosage: Take one capsule twice daily. As symptoms dictate, Cycle Soother may only need to be taken after ovulation (typically Day 14 of 28 with Day 1 being the first day...

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## TAURINE

### Speed up Iron Absorption

- Boost energy levels
- Natural amino acid

Taurine is a natural amino acid (protein building block) that helps iron be better absorbed into the body. Iron is one of the most difficult minerals to get into the body and taurine can help speed up iron absorption. Taurine also can independently boost energy levels, safely and naturally.



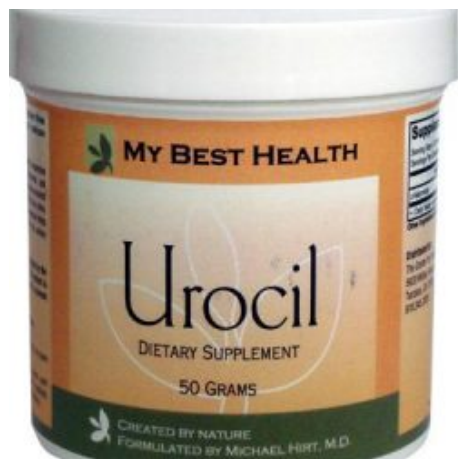
### [Product Handout](#)

Download the product handout here.

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## UROCIL

### Treats Urinary Tract Infections

- Dysfunction bladders
- Coats inner lining

Urocil contains mannose, a non-caloric sugar from pineapple and cranberries, that coats both the inner lining of the bladder and harmful bacteria that get into the bladder. When both the bladder lining and harmful bacteria are coated with mannose, the bacteria cannot stick to the walls of the bladder and cause infection. Instead, the harmful bacteria float harmlessly in the urine and are voided with urination.

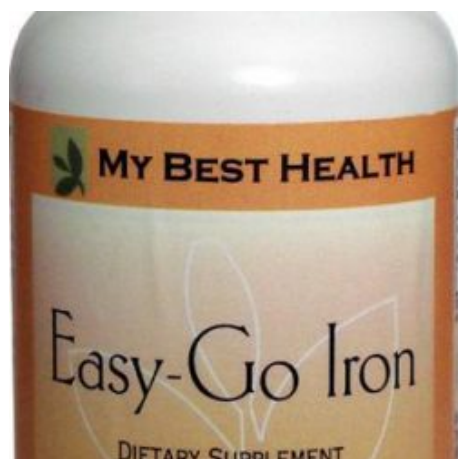
Urocil is an important supplement for women who get urinary tract infections after sexual intercourse, male and female patients with frequent urinary tract infections, or patients with dysfunctional bladders that are at high risk for bladder infections.

Usual Dosage: Take ½ teaspoon three times daily.

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## EASY-GO IRON

EASY-GO IRON  
For Healthy Iron Levels

- ☐ Better absorption
- ☐ Important for patients wanting iron supplements that are less constipating
- ☐ Targets patients looking for a rapid blood iron boost
- ☐ Good for patients with low iron who want stronger hair and nails

Iron is a critical mineral that helps the blood carry life-sustaining oxygen to every cell in the body.

Iron is also necessary to help maintain good energy levels, hair density, hair growth, and strong nails.

The problem with most iron supplements is that they are very irritating to the stomach or cause unhealthy constipation.

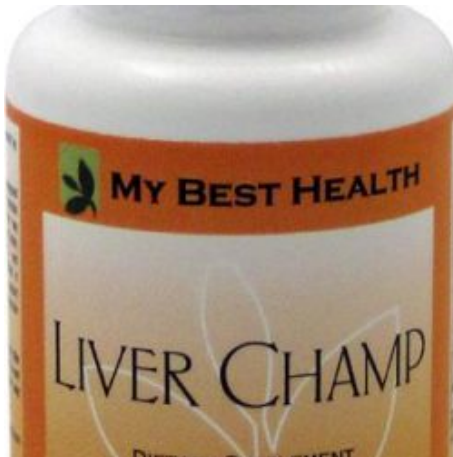
Easy-Go Iron is made from 100% chelated iron that targets patients who want a more absorbable and less constipating than most other iron supplements.

The chelated iron used in Easy-Go Iron has been clinically studied in patients needing a rapid boost blood iron levels. In my...

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## LIVER CHAMP

Liver Champ

WHAT IT IS:

- Natural supplement to support liver function

WHY YOU NEED IT:

- Important for patients wanting to optimize liver metabolization of hormones, heavy metals, and toxins
- Replenishes vitamins lost when taking birth control pills
- Supports healthy homocysteine levels

Between what we inhale, swallow, and absorb through our skin, our livers are working overtime helping to clean our “dirty” blood. Liver detoxification uses a tremendous amount of vitamins and nutrients.

Over time, these nutrients are depleted, and this weakens the liver’s ability to clean and protect us. When well stocked with the nutrients in Liver Champ, the liver can perform its essential features, including reducing the chances of disease such as cancer.

Homocysteine is a molecule found in the blood that, when elevated, increases the risk for Age-Related Macular...

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## ANDRAL 2.0

ANDRAL  
2.0  
Natural Testosterone Support

### WHAT IT IS:

- Important for patients needing to boost blood testosterone levels
- Natural herbal formula
- Drug-free, Hormone-free

### WHY YOU NEED IT:

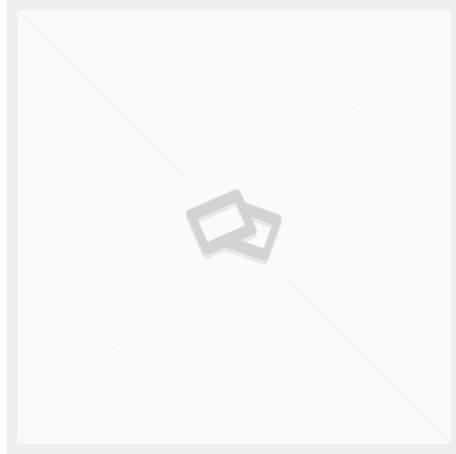
- Supports patients wanting to maintain a healthy sex drive
- Great for patients needing to optimize sexual performance
- Targets patients looking for a sense of mental well-being
- Good for patients wanting to maintain physical strength and endurance
- Important for patients wanting enhanced, overall vitality

### HOW IT HELPS:

After age 30, hormone levels start to decline. Both men and women can experience symptoms of low testosterone which include lower libido, reduced sexual performance and orgasmic response, decreased enjoyment in life, feeling sad and grumpy, reduced athletic and aerobic abilities, decreased performance at work, loss of height, and after-dinner fatigue....

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## BRAIN FOOD 2.0

### BRAIN FOOD 2.0

Brain Food is an essential supplement for pregnant and nursing women because it contains DHA, one of the omega-3 fats. All jokes aside, our brains are made largely of DHA fat, and rapidly growing fetuses and infants need extra DHA to build large and healthy brains.

Research studies show that mothers who use DHA supplements during pregnancy and nursing have babies with better visual, motor, and cognitive skills. Brain Food is made from plants, not fish, so there is no risk of contamination with mercury or other toxins typically associated with fish.

DHA is good for the mom, too, as it has been shown to reduce the risk of macular degeneration and heart disease.

Usual Dosage: Take one (1) capsule twice daily with meals.

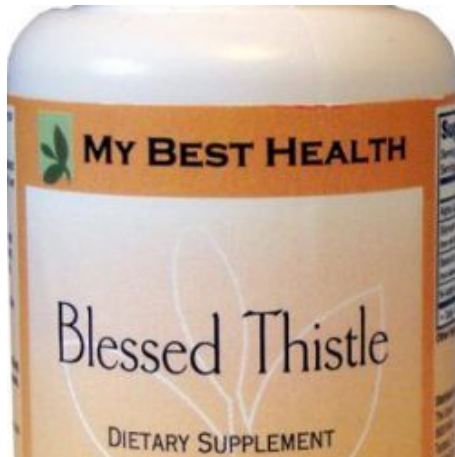


Product Handout  
Download the product handout...

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## BLESSED THISTLE

**BLESSED THISTLE** Helps Liver Detoxify Blood  
**WHAT IT IS:** • Herbal therapy for liver health and support  
**WHY YOU NEED IT:** • Important for patients needing assistance with liver protection and detoxification • Supports patients with high cholesterol, elevated insulin, high blood sugar • Great for patients with prostate health concerns • All-natural, well tolerated  
**HOW IT HELPS:** Blessed thistle is the common name for the herb *Silybum marianum*, long appreciated through the centuries by medicine men for its tonic health benefits. And now modern herbalists know why. Blessed Thistle helps the liver detoxify the blood and regenerate itself when injured by the foods, drugs, and chemicals we ingest or inhale. It also has been shown to support patients wanting lower blood cholesterol, blood sugar, and insulin levels without the typical side effects of prescription medications. Blessed Thistle can be used by...

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