INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
FASTERN TRADITIONS

INTEGRATIVE MEDICINE

5620 WILBUR AVE., SUITE 220 TARZANA, CALIFORNIA 91356 PHONE: 818.345.2828 FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C.

DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE DIPLOMATE AMERICAN BOARD OF NUTRITION

Matrix Electrolytes A 'solution' for wellness

WHAT IT IS:

A specially formulated full-spectrum electrolyte replacement for maximal absorption

WHY YOU NEED IT:

- Important for patients on prescription diuretic ('water pills') therapy
- Supports patients with muscle spasms, especially at night
- Great for hydration during exercise, sports, detoxification
- Provides the only natural way to safely "flush" kidneys

HOW IT HELPS:

You may not be able to see an electrolyte, but you can certainly feel when you are missing some. Patients with electrolyte imbalances complain of muscle cramps, muscle twitching, feeling bloated, heart palpitations, fluid retention and edema.

The mission critical electrolytes in your body include molecules of sodium, potassium, magnesium, chloride, bicarbonate, and calcium. These have electrolytes have to be in proper ratios to each other and in sufficient quantity or our entire electrical system starts to misfire.

Our body tightly regulates the balance of these electrolytes to ensure our ongoing good health. However, when we use prescription medications, become ill, or over train with exercise and sports, we can lose excessive amounts of electrolytes. Sometimes, the cells that help balance our electrolytes become too weak to do their job and can no longer hold the electrolytes in the body.

When any one or more of these events happen, you need to quickly and reliably replenish your electrolytes to restore and maintain health. The technology behind the creation of Matrix Electrolytes comes from a genius Texan biochemist who discovered a process to essentially wrap each of these electrolytes with molecules of water. In this way, every electrolyte in Matrix is immediately available and absorbable. This allows Matrix Electrolytes to be the fastest and most effective electrolyte solution ever created.

Matrix Electrolytes is ultra-concentrated and so is also very economical. One bottle of Matrix Electrolytes can produce 17 one-liter bottles of SmartWater (costing \$152) or about 580 ounces of Gatorade G2 (costing over \$100...and G2 includes unwanted sugar and artificial coloring). Not to mention that Matrix works better and is more effective support for many important clinical conditions.

Usage: For general electrolyte support, use one teaspoon of Matrix for every eight (8) ounces of water. To more aggressively replenish electrolytes during illness, kidney detoxification, and cramps, add enough Matrix Electrolyte solution until the solution just begins to taste salty. As your body's electrolytes are replenished, you should need to add less and less Matrix before the water tastes salty.