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DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
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***Mudslide* →**

Moving Past Constipation

WHAT IT IS:

- A natural blend of mineral, fruit, and herbal extracts for GI health

WHY YOU NEED IT:

- Important for patients with constipation
- Targets patients who need support for digestion and elimination
- Supports patients who need enhanced GI motility and stool bulk
- Great for patients needing detoxification assistance
- All-natural, drug-free relief

HOW IT HELPS:

Good health begins in the gut, and GI regularity is vital to maintaining wellbeing. Regular colon eliminations should occur two to three times daily, not a few times weekly. If something comes in the front door, then something needs to leave through the back door. Otherwise, your body is just storing toxic waste. Eventually, some of those toxins will get into your blood stream and will poison your good health.

Mudslide combines three classic, time-tested ingredients that are used to maintain GI healthy regularity. As a core component, magnesium citrate is chosen for its promotion of muscle relaxation and reliable elimination of feces.

Cape Aloe comes from the herbal traditions of Africa and has been long valued for its natural support of GI regularity and tolerability.

Triphala is a 3,500-year-old Ayurvedic blend of three fruits that has been venerated for its consistent support of digestion, assimilation and elimination. Though a cornerstone of ancient Indian herbology, modern researchers have confirmed its positive support of appetite, GI health, and rejuvenation.

‘Never let the sun set twice without a bowel movement’ is the adage that should guide all who seek health and detoxification.

For all those who find themselves longing to sit expectantly upon the 'Throne of Ordure', Mudslide shall always be your most predictable of attendants.

Usual dosage: Take two (2) to four (4) capsules one to three times daily as needed for short term support of healthy bowel regularity.